

# Communication

## USING POSITIVE DISCIPLINE

Children do well when they feel respected and listened to, much of this begins with good communication skills modeled by you.



### CONNECTION

*Is this interaction/communication helping the child feel a sense of connection? Is it meeting their need for belonging and significance?*



### MUTUALLY RESPECTFUL

*Is this interaction/communication both kind AND Firm?  
Respect for yourself and the situation (Firmness)  
Respect for the needs of the child and others (Kindness)*



### EFFECTIVE LONG TERM

*What characteristics and life skills do you want this child to have as they reach adulthood?*



### ENCOURAGEMENT

*Mistakes are opportunities to learn. Respond to mistakes with compassion and kindness instead of shame, blame and lectures. When appropriate, use curiosity questions to help the child explore the consequences of the choices made.*